



## *Health Care Services*

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The year 2010 saw enhancements to MDA's program, as well as the continuation of core services.

Tens of thousands of individuals served by MDA received health care services from neuromuscular-disease specialists at some 200 MDA clinics and 38 MDA/ALS centers in the United States and Puerto Rico. Medical experts at MDA clinics conducted medical exams and diagnostic consultations, and made referrals for assistive therapies to help maintain function, independence and quality of life.

MDA clinics are at the forefront of research and clinical care, and the Association is working on many levels to ensure that its clinics continue to meet the needs of those it serves. In 2010, MDA launched an online survey for families seen in MDA clinics called "Tell us about your MDA clinic," as well as a Clinical Advisory Committee comprised of experts in neuromuscular care.

MDA's equipment program provided individuals with nearly 5,500 items of gently used durable medical equipment, from bath equipment and wheelchairs to hospital beds and communication technology, donated by generous and caring individuals. MDA also assisted with repairs to all types of medical equipment for those it serves.

In 2010, nearly 3,500 children ages 6-17 enjoyed a week of fun and friendship through nearly 80 MDA summer camp sessions. More than 4,300 volunteers helped make this week extra special for campers.



***“MDA basically means support, and I think that’s clear enough for anybody to understand.”***

***Benjamin F. Cumbo IV***

*Graduate student, George Washington University  
Duchenne muscular dystrophy*

MDA provided a wide range of support programs in 2010. Thousands of individuals and families around the U.S. received help from facilitated MDA support groups, as well as from MDA-sponsored educational seminars; referral services; transitional services for youth with neuromuscular disease who are entering adulthood; online chat sessions and MDA’s e-community, *myMDA*.

Two new support options got under way in 2010. *MyMuscleTeam* (which actually debuted in December 2009) is an online care coordination tool for families. MDA also launched live expert-hosted webinars on such topics as housing, accessibility, research, medical



management, travel, higher education and more. The webinars are archived for viewing on [mda.org](http://mda.org).

MDA again partnered with Walgreens for its annual flu shot program, providing thousands of free inoculations to individuals served by the Association for whom a “simple case of the flu” could prove life-threatening.

